

SB 250

Ellie Seibel Nicol, MA, ATR-BC, is a Nationally Registered and Board Certified Art Therapist with 33 years of experience, 30 of them in Connecticut.

Ellie is a Clinical Art Therapist serving children, adolescents and adults in a variety of settings. In Connecticut this includes Yale-New Haven Hospital's "Winchester One" The Child Psychiatric Inpatient Service; Casey Family Services, a child placement agency; The University School, an alternative high school in Bridgeport; Family Services Woodfield in Bridgeport; and The Family Study Center, a private practice group in Danbury. Ellie is a past president of the Connecticut Art Therapy Association (CATA) and a former Director on the Board of the American Art Therapy Association (AATA).

Ellie's first started doing trauma work in art therapy at Family Services Woodfield (FSW) where she worked with family members of victims of homicide. From FSW she received a grant to take this work into 6 of the elementary schools in Bridgeport where 4th and 5th graders struggled with traumatic loss. She also took this experience to The University School where her high school students face issues of poverty, abuse and neglect and resort to gang life to get by. The art therapy groups led by Ellie play an integral part in many of these students graduating high school and moving on to lead productive lives.

Following the shooting at Sandy Hook Elementary School, Ellie volunteered to and implemented art therapy groups for children of the Sandy Hook Community. She continues to work with children and families affected by this tragedy. This work has been published in the textbook, "Creative Interventions for Traumatized Children" edited by Cathy Malchiodi, PH.D.

Ellie earned her Bachelors' Degree from Old Dominion University with a dual major in Art and Psychology. She went on to get her Master's Degree in Expressive Therapies with a core focus in Art Therapy from Lesley University. Ellie has been an onsite supervisor for art therapy graduate students for over 15 years. In addition, she has studied Trauma-Informed Expressive Arts and Play Therapy, and is a certified Trauma Focused Cognitive Behavioral Therapist (TF-CBT).

Ellie can be found on the Family Study Center website: family-study-center.com